

## THE PLOUGH

### SENIORS MENU

*SMALLER PRICES, SMALLER PORTIONS. THIS MENU IS FOR SENIORS WITH BUS PASSES ONLY*

BATTERED COD OR SCAMPI SERVED WITH CHIPS OR NEW POTATOES AND MUSHY PEAS, PEAS OR SALAD	£4.70	SAUSAGES, MASH & ONION GRAVY SERVED WITH VEGETABLES	£5.50
HOME BAKED HAM, EGG AND CHIPS	£4.50	HOMEMADE SOUP OF THE DAY & HALF SANDWICH HOME BAKED HAM, BACON & AVOCADO, CHEDDAR & TOMATO, PESTO MAYO CHICKEN	£4.00
HOMEMADE CHILLI CON CARNE WITH RICE	£4.50		

### LUNCH MENU

#### SANDWICHES (SERVED MONDAY – SATURDAY 12-2)

CHARGRILLED STEAK WITH RED ONIONS & ROCKET IN CIABATTA	£6.25	CHICKEN PESTO MAYO AND MOZZARELLA PANINI	£6.25
BRIE & CRANBERRY CIABATTA MELT	£6.25	TOMATO, RED ONION, MOZZARELLA & PESTO MAYO PANINI	£6.25
SMOKED SALMON & CREAM CHEESE*	£5.50	BACON & AVOCADO*	£5.50

\* SERVED ON WHITE BAGUETTE OR BROWN BREAD  
ALL SERVED WITH CHIPS & SALAD GARNISH

#### JACKET POTATOES WITH CHOICE OF FILLINGS (AVAILABLE LUNCHTIMES ONLY)

CHEDDAR CHEESE	£6.95	BAKED BEANS	£6.95
CHILLI CON CARNE	£6.95	CHICKEN PESTO MAYO	£6.95
HOME BAKED HAM	£6.95		

ALL SERVED WITH A SALAD GARNISH. EXTRA FILLING £1.50

#### PLOUGH PLOUGHMANS (AVAILABLE LUNCHTIMES AND EVENINGS)

CHEDDAR	£7.25	BRIE	£7.25
HOME BAKED HAM	£7.25	STILTON	£7.25
PORK & LEEK SAUSAGE	£7.25	GOATS CHEESE	£7.25

ALL SERVED WITH WHITE BAGUETTE, PICKLE, MIXED PICKLES, SALAD & APPLE

#### MAIN MEALS (AVAILABLE LUNCHTIMES AND EVENINGS)

BATTERED COD & CHIPS WITH PEAS, MUSHY PEAS, SALAD OR GARDEN PEAS	£8.50	PLOUGH BURGERS – ALL SERVED IN A SESAME SEED BUN, WITH CHIPS, SALAD OR ONION RINGS (CHOICE OF TWO)	
HOMEMADE VEGETABLE & BEAN CHILLI OR CHILLI CON CARNE WITH RICE, NACHOS & CHEESE	£8.50	PLOUGH BURGER 1/2 LB BURGER WITH BACON & CHEESE	£8.95
SCAMPI & CHIPS WITH MUSHY PEAS, SALAD OR GARDEN PEAS	£8.50	MINTED LAMB BURGER – LETTUCE, SLICED TOMATO, YOGHURT & MINT DRESSING	£8.95
HOME BAKED HAM, TWO EGGS AND CHIPS	£7.50	THE SMOKED VEGGIE – VEGETABLE BURGER WITH SMOKED CHEESE, AVOCADO & TOMATO CHUTNEY	£8.95
HOMEMADE MEAT LASAGNE WITH GARLIC BREAD, SALAD OR CHIPS (CHOICE OF TWO)	£8.50	SOUTHERN FRIED HUNTERS CHICKEN BURGER – SOUTHERN FRIED CHICKEN BREAST, BACON, MELTED CHEESE & BBQ SAUCE	£8.95
ALL DAY BREAKFAST – BACON, TWO EGGS, SAUSAGE, CHIPS & BAKED BEANS	£7.50	BREAKFAST BURGER – 1/4 LB BEEF BURGER, BACON, FRIED EGG & TOMATO	£8.95
VEGGIE BREAKFAST – 2 EGGS, MUSHROOMS, TOMATO, BAKED BEANS AND CHIPS	£7.50	1/4 LB BEEF BURGER	£6.95
SOUTHERN FRIED CHICKEN BURGER	£6.95	VEGETABLE BURGER	£6.95

#### SIDES (AVAILABLE LUNCHTIMES AND EVENINGS)

SMALL CHIPS	£2.00	SIDE SALAD	£2.95
LARGE CHIPS (ADD CHEESE FOR £1.50)	£3.00	VEGETABLE PORTION	£2.50
ONION RINGS (8)	£1.50	POT OF GARLIC MAYO	£1.00